

MEMORY LANE GROUPS

PramaLife Memory Lane Groups are open to all and provide specific support to those living with memory loss or dementia. Each session provides a different theme but there is always reminiscing, games, quizzes, music, refreshments and a warm welcome.



Groups are held in Bournemouth, Christchurch, Poole and East Dorset – for further information and to book a place please contact:

Poole – Bridget Barrett
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East Dorset – Carol Davies
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Bournemouth & Christchurch – Tess Champion
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